

# 2022 LutheRun XC Calendar

Practice time is 4:00-5:30 -- Arrival time for meets 1 hr prior to listed time below

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug 14	15 Practice at FW Seminary	16 Practice at FW Seminary	17	18 Practice at FW Seminary	19	20
21	22 Practice at FW Seminary	23 6-8th Meet at Maple Creek (5:30-8pm)	24	25 Practice at FW Seminary	26	27
28	29 Tentative: 4-8 Meet at Woodlan JH at 5:30 (or Practice)	30 Practice at FW Seminary	31	Sept 1 Practice at FW Seminary <b>*Pictures*</b> <b>Wear uniforms</b>	2	3
4	5 Labor Day (No practice)	6 Practice at FW Seminary	7	8 Practice at FW Seminary 6-8 only	9 4-5th Meet at Eel River	10 6-8th Meet At Indiana Wes, Marion (11a-3p)
11	12 Practice at FW Seminary	13 4-8th Meet at Blackhawk Christian MS (5:15-7:15pm)	14	15 Practice at FW Seminary	16	17 6-8th Meet at West Noble (11a-3p)
18	19 Practice at FW Seminary	20 4-8th Meet at Seminary (5-7p)	21	22 Practice at FW Seminary	23	24 6-8th Meet at Culver Academy (6-10a)
25	26 Practice at FW Seminary	27 4/5th Race @ Shoaff Park (Cadet Mile)	28	29 Practice at FW Seminary	30	Oct 1 Meet (location TBD)
2	3	4 Practice at FW Seminary	5	6 4-8th Meet at Shoaff Park (4:30-6:30p)	7	8 Potential Meet** Indy, IN
9	10	11	12	13	14	15
16	17	18	19	20	21	22 Nationals** WI

\*\*National Meet will have qualifying standards and are optional meets\*\*